Home Medicines Review checklist

A Home Medicines Review (HMR), also known as a Domiciliary Medication Management Review (DMMR), is a comprehensive review designed to optimise patient health outcomes through a collaborative approach involving the patient, their GP, a credentialed (accredited) pharmacist and their regular community pharmacy.

The objectives of an HMR are to ensure the safe, effective, and appropriate use of medicines, prevent medication-related problems, and improve the patient’s quality of life through a coordinated team effort.

The Home Medicines Review quality improvement (QI) checklist aims to support general practices in the Brisbane North region to help improve health outcomes and appropriate care. The QI check list includes information and resources to support general practices and collaborations with credentialed pharmacists.

**Aim Statement Activity 1:**

Contact \_\_\_\_\_\_\_\_ *(insert no.*) eligible patients on the Primary Sense report in \_\_\_\_\_\_\_\_ (*insert no.*) months to invite for a Home Medicines Review.

**Aim Statement Activity 2:**

Increase the number of Home Medicines Reviews (HMRs) by\_\_\_\_\_\_\_\_\_\_\_\_ (*insert no*.) in the next \_\_\_\_\_\_\_\_\_ (*insert no.*) months.

**Aim Statement Activity 3:**

Over the next \_\_\_\_\_\_ (*insert no.*) months process MBS billings for 100% initiated HMR’s within \_\_\_\_\_\_\_\_ (*insert no.*) weeks.

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| **Step 1** | **Prepare your practice*** Discuss HMRs at a practice meeting. You may like to invite your Brisbane North PHN Quality Improvement Engagement Officer to facilitate.
* Generate the BP/MD query to identify the number of HMR’s (MBS 900) billed in the previous 3 months.
* Provide education resources to all staff
* Display posters and brochures throughout practice, play video in the practice.
* See step 3 for more patient brochures.

[Brisbane North Credentialed Pharmacist Directory - Brisbane North PHN](https://brisbanenorthphn.org.au/brisbane-north-accredited-pharmacist-directory)[Credentialed Pharmacists Register - Pharmaceutical Society of Australia](https://www.psa.org.au/accreditation-register/#1701380978871-482b6386-be77)  [Patient brochure - talking to my GP and pharmacist about my medicines](https://www.medicinesadvice.net.au/documents/15/MAIA_Cumulative-Medicines-Consumer-Brochure_F1.pdf)   [Home Medicines Review Community Service Announcement](https://url.au.m.mimecastprotect.com/s/TsRxC1WLGMF0pE8fLDGol?domain=m.youtube.com)[HMR fact sheet for GPs\_PHN](https://practicesupport.org.au/web/assets/images/DRA_DMMR-Item-900-process_v2-1.pdf)[HMR fact sheet for GPs\_PSA](https://my.psa.org.au/servlet/fileField?entityId=ka10o000000U2N7AAK&field=PDF_File_Member_Content__Body__s)   | **Completed**[ ] [ ] [ ] [ ]  |
| **Step 2** | **Patient demographics- Identify patients who are eligible and would benefit from a Home Medicines Review*** Review the current process for offering HMRs to patients
* Identify patients eligible for a HMR using the Primary Sense high complexity 4 & 5 report
* Include an HMR in care plan and health assessment templates to prompt discussions
* Check the patient has not had an HMR elsewhere using HPOS via PRODA or My Health Record
 | **Completed**[ ] [ ] [ ] [x]  |
| **Step 3** | **Offer HMRs to patients – see** [**HMR fact sheet for GPs**](https://practicesupport.org.au/web/assets/images/DRA_DMMR-Item-900-process_v2-1.pdf) **for process, patient eligibility and who will benefit from an HMR.*** Opportunistically offer HMRs to eligible patients at existing appointments by using the Primary Sense –high complexity 4&5 report – filter for existing appointment
* Offer HMRs to all eligible patients during care plan and health assessment appointments, and after hospital discharge following a medical admission.
* Use Primary Sense high complexity report to identify eligible patients and recall for an HMR via SMS, letter or phone.Export the Primary Sense high complexity report to excel for filtering.
* Follow the [HMR fact sheet for GPs](https://practicesupport.org.au/web/assets/images/DRA_DMMR-Item-900-process_v2-1.pdf) to complete the HMR process.
* Establish a relationship with a credentialed pharmacist to facilitate improved processes.
* Put a recall in place for another HMR in 12 months.
* Consider reviewing the practices recall process for care planning and health assessments so that HMR compliments this process by aligning review dates.
* Record the progress of the HMR on the [HMR activity tracking spreadsheet](https://practicesupport.org.au/web/assets/images/HMR_MBS-Item-900_Patient-Billing-Tracking.pdf).
* Generate the BP/MD query to identify the number of HMR’s (MBS 900) billed during this activity.

**Resources:** [How a medicines review in your home can help you get the most from your medicines (nps.org.au)](https://www.nps.org.au/assets/NPS/pdf/NPSMW2390_Anticholinergics_HMR_Factsheet.pdf)  [A medicines review in your home (naccho.org.au)](https://www.naccho.org.au/app/uploads/2022/08/1-A-medicines-review-in-your-home.pdf)  [Translated resources in other languages: anticholinergic side effects and home medicines review](https://www.nps.org.au/professionals/anticholinergic-burden/consumers/resources-in-community-languages#prefix_translated-medicines-review)[HMR - what you need to know - easy read version](https://partners4health.sharepoint.com/programs/Integration/Current%20Activities/ASPIRE/Medication%20Safety%20Hub/HMR%20information/Consumer%20information/Medicines-Review_Easy-Read_FINAL.pdf?CT=1737068517259&OR=ItemsView)[HMR referral template and cheat sheets](https://brisbanenorthphn.org.au/practice-support/aspire-medication-safety-trial)**CQI Activity resources:** Activity 1 PDSA - [Increase the number of eligible patients offered a HMRs](https://view.officeapps.live.com/op/view.aspx?src=https%3A%2F%2Fpracticesupport.org.au%2Fweb%2Fassets%2Fimages%2FFIN_BNPHN-CQI-PDSA-HMR-identify-patients-1.docx&wdOrigin=BROWSELINK)Activity 2 PDSA - [Improve patient care by increasing the number of HMRs](https://view.officeapps.live.com/op/view.aspx?src=https%3A%2F%2Fpracticesupport.org.au%2Fweb%2Fassets%2Fimages%2FFIN_BNPHN-CQI-PDSA-HMR-increase-1.docx&wdOrigin=BROWSELINK)Activity 3 PDSA - [Process MBS billings and review of HMRs](https://view.officeapps.live.com/op/view.aspx?src=https%3A%2F%2Fpracticesupport.org.au%2Fweb%2Fassets%2Fimages%2FFIN_BNPHN-CQI-PDSA-HMR-process-with-tracking-1.docx&wdOrigin=BROWSELINK) | **Completed**[ ] [ ] [ ] [ ] [ ] [ ] [ ] [ ] [ ]  |
| **Step 4** | **Access clinical guidelines** [MAIA - Addressing the hidden risk of cumulative medicines load to reduce harm](https://www.medicinesadvice.net.au/documents/26/MAIA_Cumulative-Medicines-Therapeutic-Brief_F.pdf) [Australian Deprescribing Network guidelines](https://www.australiandeprescribingnetwork.com.au/940-2/)[Medication Management Review - Brisbane North HealthPathways](https://brisbanenorth.communityhealthpathways.org/35313.htm)**Other resources:**[RACGP - resources](https://www.racgp.org.au/afp/2015/april/understanding-benefits-and-difficulties-of-home-me) |  |

The checklist is intended to support your practice conduct quality improvement activities that will lead to measurable and lasting improvements to enhance patient care. If you would like support with this continuous quality improvement activity contact **practicesupport@brisbanenorthphn.org.au**