

# Stepping Stones to Prep in Queensland

## Prep Readiness Checklist

Starting Prep is a big step for your child. It is also a big step for you as a parent or guardian. A child who is well-prepared to start school is more likely to enjoy the experience and feel confident in their new school environment. Research shows that children who enter school with stronger readiness skills often adapt more easily to routines, form positive relationships with teachers and peers, and are better positioned for long-term academic success. School readiness goes far beyond a child knowing the alphabet or being able to count to ten. School readiness is about building a broad set of skills, habits and attitudes that help your child adjust to school life emotionally, socially and cognitively. We want children to be able to embrace the opportunities of school life with curiosity and enthusiasm. If you have concerns about your child's readiness for Prep, speak to your child's kindergarten teacher or a healthcare professional. Early support makes a big difference to how smoothly they transition into school.



### Physical and Motor Skills

- Can run, jump and climb safely
- Holds a pencil, crayon or pen with control
- Can cut along a line with scissors
- Manages zips, buttons and Velcro with some independence
- Can put on and take off a jumper, shoes and socks independently
- Can use the toilet independently and wash their hands
- Can open and close a lunchbox or food container and drink bottle
- Can independently eat their food



### Social-Emotional Skills

- Can wait for their turn in games or activities
- Recognises and talks about feelings
- Shares toys and plays cooperatively with others
- Responds positively to new routines
- Can share equipment and materials with others
- Can regulate behaviour and understand basic rules and expectations

Mastered Still practicing Not Observed

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### Language and Literacy Skills

- Understands and follows two-step instructions
- Uses complete sentences to express needs or ideas
- Recognises own name in print (English or first language)
- Enjoys listening to and talking about stories (English or first language/dialect)
- Can answer and ask simple questions
- Can join in singing familiar songs or rhymes (English or first language)

Mastered Still practicing Not Observed

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### Cognitive and Numeracy Skills

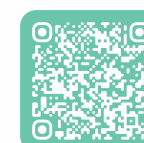
- Can count to at least ten
- Can name basic shapes and colours
- Can sort objects into simple categories
- Attempts different ways to solve a problem
- Uses mathematical words such as bigger, smaller, many, more
- Can differentiate between opposites: up and down, under and over, in front and behind, day and night

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Prep Readiness Activities: Wonderful Me Poster:



Chatterbox Activity:



English



Arabic



Dari

