

# Home Medicines Review Tool

A quick screening tool to help assessors identify clients who may benefit from a Home Medicines Review and recommend referral to their GP.

## What is a Home Medicines Review (HMR)?

An HMR is a comprehensive review to ensure a client's medications are safe, effective and therapeutically appropriate. This review helps identify medication related problems, improve adherence, and prevent adverse effects, supporting better health outcomes.

## How to use the tool?

Before selecting "yes" or "no", assessors should consider the prompts listed under each criterion. If "yes" is selected for any of the following questions, consider recommending an HMR for the client. Use the "Notes" section to document reasoning, relevant observations, or any follow up actions.

<b>Client name:</b>	<b>Date of birth:</b>	<b>Date:</b>	<b>Name of assessor:</b>	
<b>Does the client feel they are taking too many medications?</b>			Yes	No
<ul style="list-style-type: none"> <li>Complex medication regimen</li> <li>May benefit from a dose administration aid</li> <li>Self-initiated: OTC and complementary/alternative medicines</li> </ul>				
<b>Does the client have difficulty understanding or managing their medications?</b>			Yes	No
<ul style="list-style-type: none"> <li>Difficulties with cognition, swallowing, dexterity, vision, frailty</li> <li>Non-adherence, cultural factors, literacy or language difficulties</li> <li>Difficulty using dose administration aids, inhalers, injections, eye drops</li> </ul>				
<b>Does the client take high risk medications or one that requires monitoring?</b>			Yes	No
<ul style="list-style-type: none"> <li>High risk: anticoagulants, opioids, benzodiazepines, NSAIDS, antipsychotics, diuretics, insulin, anticholinergics</li> <li>Monitoring: digoxin, warfarin, lithium, antiepileptics, amiodarone</li> </ul>				
<b>Does the client have recent medication changes?</b>			Yes	No
<ul style="list-style-type: none"> <li>Recent hospital discharge, frequent readmissions</li> <li>Medication lists/regimen variations, requires reconciliation</li> </ul>				
<b>Does the client report worsening or new symptoms?</b>			Yes	No
<ul style="list-style-type: none"> <li>Potential adverse effects (e.g. anticholinergic - confusion, dizziness, forgetfulness, constipation, dry mouth/eyes/skin, rapid heart rate, trouble urinating)</li> <li>Frequent falls or change in mobility</li> </ul>				
<b>Consider providing a consumer information brochure to those recommended a Home Medicines Review.</b>				
<b>NOTES:</b>				



## References

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Version	Approved date	Changes
1	28/05/2025	