

# Home Medicines Review

## Make your medicines work better for you

**Ask your doctor or pharmacist about a Home Medicines Review**, a free, in-home service where your doctor and a specially trained (credentialed) pharmacist work together to help you get the most from your medicines. This service ensures you are using your medicines safely and effectively. An HMR helps you understand your medicines better, manage any changes, reduce side effects, and make sure your treatment supports your personal health goals – all for better health outcomes.

### How can a Home Medicines Review help you?

- get personalised advice and information to increase your knowledge
- gain confidence in taking, storing, and disposing of your medicines
- identify and prevent medicine-related problems e.g. side effects
- make it easier to manage your medicines.

### A Home Medicines Review (HMR) may help if you or someone you care for:

- take higher risk medicines (e.g. for pain, sleep, blood thinning, or insulin)
- use multiple prescription or over the counter medicines
- have trouble managing medicines or using medical devices
- have had recent dose changes or started a new medicine
- were recently in hospital or have frequent hospital visits
- have noticed changes in health or abilities (e.g. falls, drowsiness, memory lapses)
- are worried a medicine is not working or causing side effects
- take medicines from different doctors or specialists.

### HMR Facts:

- no cost to you—it is funded by the Australian Government
- takes place in your own home—a family member, friend or carer can attend
- more time to talk, ask questions, and feel confident about your medicines.

### What to expect?

1. You, your family, carer, pharmacist, nurse or GP may suggest a Home Medicines Review.
2. If you and your GP agree, your GP will refer you to a credentialed pharmacist.
3. The pharmacist will contact you to arrange a suitable time to visit you in your home.
4. During the review, you and the pharmacist will discuss all your medicines.
5. After the review, the pharmacist will send a report to your GP with possible suggestions.
6. You will have a follow-up GP appointment to discuss the report and develop a Medication Management Plan.

#### Note

Your GP can refer you directly to a credentialed pharmacist. This pharmacist will coordinate with your usual pharmacy to ensure you receive the best possible care.



Scan the QR code for more information

Or visit:

[www.healthdirect.gov.au/home-medicines-review](http://www.healthdirect.gov.au/home-medicines-review)

**phn**  
BRISBANE NORTH

An Australian Government Initiative